

## WELCOME TO THE NEW CENTER -

The CENTER has been designed and constructed to perform functions unlike any other facility in existence. There are over two miles of wire and cable in the main building, for example, consisting of hundreds of individual circuits. Each has been checked for continuity and integrity.

This GATEWAY Session in which you are a participant is in itself a unique experience. I am sure you are entering into it with as much interest and eagerness as we are. With the new CENTER facility, the methods and techniques we have developed over the years should at last come into major fruition. This is possible, we believe, only when sleep and environment are integrated into the learning process. The CENTER is constructed to perform such additions. Together, we will find out how well it works!

Equally important - this VOYAGE/DISCOVERY Session will give you an opportunity to release from the daily routines you have left behind you. During this Session you don't need to be concerned about time. We'll worry about it for you.

You are on what we call the NEW LAND. There are 730 acres of hills, mountains, ridges, forests, pastures, streams, and we feel it is a very special place. It is yours to roam on. An audio or light signal will let you know when to be present for the next event. Take advantage of this time of freedom. Everything is optional -- your option, for a change.

House rules are few:

- (1) No shoes worn in the CENTER, especially if muddy. Barefoot in CENTER is fine.
- (2) No entertainment drugs during the week, including alcohol. Smoking is permitted in the dining room or the promenade deck. No smoking in the environmental chambers!
- (3) If you are on any prescription medication, inform your trainer.
- (4) If you leave the CENTER for any reason, notify the office and when you expect to return.
- (5) Observe the QUIET light when lit, and avoid making any unnecessary noise.